

# LUNCH MENU WEEK 1

05/01/26 16/03/26  
26/01/26  
23/02/26

	<b>MAINS</b>	<b>VEGETARIAN</b>	<b>SIDES</b>	<b>VEG/SALAD</b>	<b>DESSERT</b>
<b>MONDAY</b>	PORK MEATBALLS IN TOMATO SAUCE Gw, E	QUORN PRO VEGAN MEAT-FREE BALLS IN TOMATO SAUCE Gw, Gb	PASTA Gw  GARLIC BREAD Gw, M, (MAY CONTAIN SS)	MIXED LEAF SALAD	APPLE CRUMBLE Gw  CUSTARD M
<b>TUESDAY</b>	CHICKEN TIKKA  IN A FOLDED NAAN FLATBREAD G-WHEAT, SPELT, KAMUT M	MOVING MOUNTAINS SUPERFOOD FALAFELS IN A FOLDED NAAN FLATBREAD G-WHEAT, SPELT, KAMUT	WHOLEGRAIN RICE  MINT YOGHURT M, E	LETTUCE  ONIONS  GRATED CARROT	ICED BUN Gw (MAY CONTAIN E, SS)
<b>WEDNESDAY</b>	LOADED BEEF NACHOS Gw	LOADED VEGETABLE AND BEAN NACHOS Gw	CHEESE M  SOUR CREAM M	TOMATO SALSA Su	FRUIT SPONGE Gw, E  CREAM M
<b>THURSDAY</b>	ROAST CHICKEN & YORKSHIRE PUDDING Gw, E, M GRAVY	NUTLESS ROAST Gw, E YORKSHIRE PUDDING Gw, E, M GRAVY	ROAST POTATOES	ROASTED CARROTS  GREEN BEANS	CHOCOLATE AND CARAMEL SUNDAE Gw, E, M, S
<b>FRIDAY</b>	BATTERED CHICKEN CHUNKS Gw BATTERED FISH Gw, F	CHEESE OMELETTE E, M	CHIPS	PEAS OR  BAKED BEANS	CUPCAKE Gw, M, E

**JACKET POTATOES AVAILABLE DAILY**  
**PASTA BAR AVAILABLE DAILY**  
**FRUIT POTS AVAILABLE DAILY**

**ALLERGENS:**  
Gw- GLUTEN WHEAT  
Go- GLUTEN OATS  
Gb- GLUTEN BARLEY  
Gr- GLUTEN RYE  
M - MILK

E - EGG  
S - SOYA  
F - FISH  
Mu - MUSTARD  
Su- SULPHITES  
N - NUTS

SS - SESAME SEEDS  
P - PEANUTS  
C - CELERY  
CR - CRUSTACEANS