

LUNCH MENU WEEK 3

27/04/26
18/05/26

15/06/26
06/07/26

	MAINS	VEGETARIAN	SIDES	VEG/SALAD	DESSERT
MONDAY	BEEF AND PORK PASTA BAKE Gw, M, Mu	VEGETABLE AND TOMATO PASTA BAKE Gw, M, Mu		ITALIAN SALAD WITH GARLIC CROUTONS Gw (MAY CONTAIN Gb, Go, Gr, SS)	APPLE CRUMBLE Gw CUSTARD M
TUESDAY	STICKY CHICKEN (SERVED IN A FLATBREAD) Su, S, Gw, SPELT, KAMUT	STICKY QUORN PIECES AND VEGETABLES (SERVED IN A FLATBREAD) Su, S, Gw, SPELT, KAMUT (MAY CONTAIN Mu)	POTATO SALAD E, M	SWEETCORN SALAD Su	ICED BUN Gw (MAY CONTAIN E, SS)
WEDNESDAY	CHICKEN BALTI (MAY CONTAIN Gw)	VEGETABLE AND CHICKPEA BALTI (MAY CONTAIN Gw)	WHOLEGRAIN RICE NAAN BREAD Gw	INDIAN SALAD	BANOFFEE MERINGUE M, E
THURSDAY	ROAST PORK & YORKSHIRE PUDDING Gw, E, M	NUTLESS ROAST YORKSHIRE PUDDING Gw, E, M GRAVY	ROAST POTATOES	ROASTED CARROTS GREEN BEANS	CHOCOLATE SUNDAE Gw, E, M, S
FRIDAY	SPICY BUTTERMILK CHICKEN GOUJONS Gw, M, C BATTERED FISH Gw, F SALMON FISHCAKE Gw, F	CHEESE OMELETTE E, M	CHIPS	PEAS OR BAKED BEANS	ASSORTMENT OF ICE CREAMS M

JACKET POTATOES AVAILABLE DAILY
PASTA BAR AVAILABLE DAILY
FRUIT POTS AVAILABLE DAILY

ALLERGENS:
Gw- GLUTEN WHEAT
Go- GLUTEN OATS
Gb- GLUTEN BARLEY
Gr- GLUTEN RYE
M - MILK

E - EGG
S - SOYA
F - FISH
Mu - MUSTARD
Su- SULPHITES
N - NUTS

SS - SESAME SEEDS
P - PEANUTS
C - CELERY
CR - CRUSTACEANS