

LUNCH MENU WEEK 2

20/04/26
11/05/26

08/06/26
29/06/26

	MAINS	VEGETARIAN	SIDES	VEG/SALAD	DESSERT
MONDAY	PORK MEATBALLS IN TOMATO SAUCE Gw, E	QUORN PRO VEGAN MEAT-FREE BALLS IN TOMATO SAUCE Gw, Gb	PASTA (wholewheat) Gw GARLIC BREAD Gw, M, (MAY CONTAIN SS)	MIXED LEAF SALAD	APPLE CRUMBLE Gw CUSTARD M
TUESDAY	PIRI PIRI CHICKEN (SERVED IN A FLATBREAD) Gw, SPELT, KAMUT	SPICY CAULIFLOWER STEAK (SERVED IN A FLATBREAD) Gw, SPELT, KAMUT	SPICY RICE SALAD	GREEN SALAD	ICED BUN Gw (MAY CONTAIN E, SS)
WEDNESDAY	VEGETARIAN DAY EGG NOODLES WITH VEGETABLES Gw, E, S	VARIOUS TOPPINGS PLEASE ASK FOR ALLERGENS	VEGETABLE SPRING ROLLS Gw, SPELT, KAMUT	ASIAN SLAW Gw, S, Su	STRAWBERRY MERINGUE M, E
THURSDAY	ROAST CHICKEN & YORKSHIRE PUDDING Gw, E, M GRAVY	NUTLESS ROAST Gw, E YORKSHIRE PUDDING Gw, E, M GRAVY	ROAST POTATOES	ROASTED CARROTS GREEN BEANS	CHOCOLATE AND CARAMEL SUNDAE Gw, E, M, S
FRIDAY	BATTERED CHICKEN CHUNKS Gw BATTERED FISH Gw, F	CHEESE OMELETTE E, M	CHIPS	PEAS OR BAKED BEANS	ASSORTMENT OF ICE CREAMS M

JACKET POTATOES AVAILABLE DAILY
PASTA BAR AVAILABLE DAILY
FRUIT POTS AVAILABLE DAILY

ALLERGENS:
Gw- GLUTEN WHEAT
Go- GLUTEN OATS
Gb- GLUTEN BARLEY
Gr- GLUTEN RYE
M - MILK

E - EGG
S - SOYA
F - FISH
Mu - MUSTARD
Su- SULPHITES
N - NUTS

SS - SESAME SEEDS
P - PEANUTS
C - CELERY
CR - CRUSTACEANS