

LUNCH MENU WEEK 1

13/04/26

22/06/26

04/05/26

13/07/26

01/06/26

	MAINS	VEGETARIAN	SIDES	VEG/SALAD	DESSERT
MONDAY	SAUSAGE Gw, Su GRAVY	VEGAN SAUSAGE Gw GRAVY	MASHED POTATO	BAKED BEANS OR VEGETABLES	APPLE CRUMBLE Gw, CUSTARD M
TUESDAY	CHICKEN GYROS (SERVED IN A FLATBREAD) M, Su, Gw, SPELT, KAMUT)	SWEET CHILLI HALLOUMI (SERVED IN A FLATBREAD) M, Gw, SPELT, KAMUT	TZATZIKI M, Su MEDITERRANEAN COUSCOUS SALAD Gw, Su (MAY CONTAIN Mu, S)	TOMATO AND CUCUMBER SALAD	ICED BUN Gw (MAY CONTAIN E, SS)
WEDNESDAY	CHICKEN CURRY (MAY CONTAIN Gw)	VEGETABLE AND LENTIL CURRY (MAY CONTAIN Gw)	WHOLEGRAIN RICE GARLIC AND CORIANDER NAAN BREAD Gw	INDIAN SALAD	AMERICAN STYLE PANCAKE WITH CHOCOLATE SAUCE AND CREAM Gw, E, M
THURSDAY	HONEY ROASTED GAMMON & YORKSHIRE PUDDING Gw, E, M	NUTLESS ROAST Gw, E YORKSHIRE PUDDING Gw, E, M GRAVY	ROAST POTATOES	ROASTED CARROTS GREEN BEANS	STRAWBERRY SUNDAE Gw, M, E
FRIDAY	SPICY BUTTERMILK CHICKEN GOUJONS Gw, M, C BATTERED FISH Gw, F	CHEESE OMELETTE E, M	CHIPS	PEAS OR BAKED BEANS	ASSORTMENT OF ICECREAM M

JACKET POTATOES AVAILABLE DAILY
PASTA BAR AVAILABLE DAILY
FRUIT POTS AVAILABLE DAILY

ALLERGENS:
Gw- GLUTEN WHEAT
Go- GLUTEN OATS
Gb- GLUTEN BARLEY
Gr- GLUTEN RYE
M - MILK

E - EGG
S - SOYA
F - FISH
Mu - MUSTARD
Su- SULPHITES
N - NUTS

SS - SESAME SEEDS
P - PEANUTS
C - CELERY
CR - CRUSTACEANS