

# LUNCH MENU WEEK 3

19/01/26  
09/02/26

09/03/26

	<b>MAINS</b>	<b>VEGETARIAN</b>	<b>SIDES</b>	<b>VEG/SALAD</b>	<b>DESSERT</b>
<b>MONDAY</b>	<b>BEEF LASAGNE</b> Gw, M, Mu (MAY CONTAIN E, S)	<b>VEGETABLE LASAGNE</b> Gw, M, Mu (MAY CONTAIN E, S)	<b>CRUSTY BREAD</b> Gw (MAY CONTAIN SS)	<b>MIXED SALAD</b>	<b>APPLE CRUMBLE</b> Gw  <b>CUSTARD</b> M
<b>TUESDAY</b>	<b>CHICKEN GYROS (SERVED IN A FLATBREAD)</b> M, Su, Gw	<b>SWEET CHILLI HALLOUMI (SERVED IN A FLATBREAD)</b> M, Gw	<b>TZATZIKI</b> M, Su <b>MEDITERRANEAN COUSCOUS SALAD</b> Gw, Su (MAY CONTAIN Mu, S)	<b>TOMATO AND CUCUMBER SALAD</b>	<b>ICED BUN</b> Gw (MAY CONTAIN E, SS)
<b>WEDNESDAY</b>	<b>CHICKEN BALTI (MAY CONTAIN Gw)</b>	<b>VEGETABLE AND CHICKPEA BALTI (MAY CONTAIN Gw)</b>	<b>WHOLEGRAIN RICE</b>  <b>NAAN BREAD</b> Gw	<b>INDIAN SALAD</b>	<b>CHOCOLATE SPONGE</b> Gw, E  <b>CHOCOLATE CUSTARD (M)</b>
<b>THURSDAY</b>	<b>ROAST PORK &amp; YORKSHIRE PUDDING</b> Gw, E, M	<b>NUTLESS ROAST</b> Gw, E <b>YORKSHIRE PUDDING</b> Gw, E, M	<b>ROAST POTATOES</b>	<b>ROASTED CARROTS</b>  <b>GREEN BEANS</b>	<b>BANOFFEE SUNDAE</b> Gw, M, E
<b>FRIDAY</b>	<b>SOUTHERN FRIED CHICKEN</b> <b>GOUJONS</b> Gw  <b>BATTERED FISH</b> Gw, F	<b>CHEESE OMELETTE</b> E, M	<b>CHIPS</b>	<b>PEAS OR</b>  <b>BAKED BEANS</b>	<b>CUPCAKE</b> Gw, M, E

**JACKET POTATOES AVAILABLE DAILY**  
**PASTA BAR AVAILABLE DAILY**  
**FRUIT POTS AVAILABLE DAILY**

**ALLERGENS:**  
Gw- GLUTEN WHEAT  
Go- GLUTEN OATS  
Gb- GLUTEN BARLEY  
Gr- GLUTEN RYE  
M - MILK

E - EGG  
S - SOYA  
F - FISH  
Mu - MUSTARD  
Su- SULPHITES  
N - NUTS

SS - SESAME SEEDS  
P - PEANUTS  
C - CELERY  
CR - CRUSTACEANS