





EATING DISORDERS



| SUPPORT SOURCE | DESCRIPTION |
|---|--|
| <p> Overview – Eating disorders - NHS (www.nhs.uk) Advice for parents – Eating disorders - NHS (www.nhs.uk) Child and Adolescent Eating Disorder Service worcestershire School Mental Health (hacw.nhs.uk) download.cfm (hacw.nhs.uk)</p> <p> Get information and support - Beat (beateatingdisorders.org.uk) Helplines - Beat (beateatingdisorders.org.uk) Access one-to-one webchat via the link on the Helplines page. Tel: 0808 801 0677 Email: help@beateatingdisorders.org.uk Services for Carers across the UK (beateatingdisorders.org.uk)</p> | <p>The NHS overview has descriptions of different types of eating disorder, symptoms to be aware of, warning signs, treatments, causes and how to get help. Worcestershire NHS has a specialist Eating Disorder Service (known as CEDS). This service is accessed via a professional referral. A leaflet detailing eating disorders is available at: download.cfm (hacw.nhs.uk)</p> <p>Beat aim to help people get help and support quickly because the sooner someone starts treatment, the greater their chances of recovery. They also offer support to family and friends so they can help their loved ones recover whilst also looking after their own mental health.</p> |
| <p> Eating Disorders Teenage Helpline</p> <p> Services - SEED Eating Disorders Support Service Advice Line: 01482 718130</p> | <p>The Teenage Helpline provides information about eating disorders, signs to look out for and what to do to get help. Information is also offered to carers and friends about how to support a person with an eating disorder. There are also links to other sites as well as a direct link to their mentors who will listen without judgement and provide support.</p> <p>SEED (Support and Empathy for people with Eating Disorders) is not a clinical service but provide support, advice and signpost sufferers, carers and loved ones by giving people the tools to enable them to cope on a daily basis. They offer online, phone, and email support.</p> |