



SUPPORT SOURCE	DESCRIPTION
<div data-bbox="107 268 456 427"> </div> <p data-bbox="477 252 992 320"> OCD Youth - For and by young people with OCD Support and Info Helpline: youthhelpline@ocdaction.org.uk </p> <p data-bbox="477 411 770 443"> OCD Youth - OCD Action </p> <div data-bbox="107 580 490 708"> </div> <p data-bbox="510 576 1023 687"> Guide for young people: OCDUKTeens.pdf OCD: A Introduction for Parents OCD-UK (ocduk.org) </p> <div data-bbox="107 890 358 1007"> </div> <p data-bbox="371 903 1032 1010"> Obsessive-Compulsive Disorder (OCD) in teens Relate Family Counselling Services – Relationship Support Relate </p> <p data-bbox="107 1023 813 1054"> Find your nearest Relate Relate The relationship people </p>	<p data-bbox="1066 245 2051 314"> OCD Youth aims to increase awareness and access to support for anyone under 25 affected by OCD. </p> <p data-bbox="1066 608 2107 746"> OCD-UK has been working for children and adults affected by Obsessive-Compulsive Disorder since 2004. They provide advice, information and support services for those affected by OCD and campaign to end the trivialisation and stigma of OCD. They have, during the pandemic, been offering online Zoom support meetings. </p> <p data-bbox="1066 967 2009 1035"> Relate has information about OCD in teens, what parents can do and also offer counselling if required. Contact the local Relate centre or call 0300 100 1234 </p>