




SUPPORT SOURCE	DESCRIPTION
<p data-bbox="123 220 224 327"></p> <p data-bbox="246 247 392 279">Form Tutors</p> <p data-bbox="107 391 683 534">House Teams: Armstrong – Mrs Kilmister – armstrongcentre@ Kingsley – Mr Turfrey – kingsleycentre@ Magellan – Mr Carey – magellancentre@</p> <p data-bbox="107 965 459 997">Mental Health Support Team</p> <p data-bbox="107 1037 862 1109">Further information can be found: Search Herefordshire and Worcestershire Health and Care NHS Trust (hacw.nhs.uk)</p> <p data-bbox="107 1324 280 1356">Peer Mentors:</p>	<p data-bbox="1008 215 2116 311">Every student is allocated to a Tutor Group and their Form Tutor is the first point of contact for students and parents if there are any concerns. More serious matters will be referred to the relevant House Team.</p> <p data-bbox="1008 359 2116 598">Each House has a Head of House who are situated in the House Hub in the main school building. The Heads of House will support students, and their parents, with any issues that might arise. Students are able to email them or go to speak with them in the House Hub when they need. Heads of House might also ask a student to come to the Hub to see them. The Heads of House are supported by Pastoral Managers who will also support students and their parents. The House Team might signpost students and/or their parents to appropriate organisations for further support with consent.</p> <p data-bbox="1008 678 2128 925">Students struggling with issues for example, anxiety or stress, may be signposted to resources to support them such as website advice, help sheets, calm apps and help lines. If concerns continue or are more serious an internal referral can be made for sessions on anxiety, low mood, stress and some other areas. Students will meet with the Wellbeing Mentor a number of times followed by a review to ascertain the student’s progress. Some students only need brief or intermittent support and our Wellbeing Mentor operates a weekly ‘Drop In’ where students will be invited to meet with her for this support.</p> <p data-bbox="1008 1005 2116 1252">Persore High is lucky to have Anne Campion and Katie Jenks as our specially trained education mental health practitioners. Pupils have access to short term, low-intensity interventions using cognitive behavioural therapy (CBT) methods to help with low mood, wellbeing, anxiety and behavioural difficulties. As well as providing 1:1 interventions, Anne and Katie are also able to deliver group sessions on topics including resilience and wellbeing as the need arises. Students will be referred for this support through discussions with the House Team, Mrs Lovecy and/or Mrs Budding.</p> <p data-bbox="1008 1340 2105 1476">Peer Mentors are a group of trained students who can be directed (by the House Teams) to support individual students as needed. They can help by being a ‘buddy’ and providing a listening ear where appropriate. Specific aims will be to help new students settle in and getting to know a new learning environment; to provide support for those who might feel</p>



Blues Programme

[Action For Children](#) | [Children's charity](#) | [For safe and happy childhoods](#)

Student counselling

Curriculum support delivered to all students through:

- Relationships and Sex education
- Assemblies
- Tutor Time

5 Ways to Wellbeing



Students might also be asked to complete anonymous online surveys about information and/or support that they would like to see included. The outcomes of these surveys contribute directly to the programmes offered.

Additionally, input is sought from our School Council

isolated/lack self-confidence and to see the way ahead; to help mentees to manage time, plan and organise work.

Year 9 will be assessed for wellbeing levels during the school year – Action for Children will use a scientific approach to ascertain levels of needs and for some children a programme of support will be carried out.

Pershore High recruit a volunteer counsellor on an annual basis to provide some additional capacity to support the students. This will provide a ‘talking’ therapy approach. There are limited places for this service so appropriate students will be referred in consultation with the parents and student. We also work in partnership with Riverside Centre and make use of their counselling services, referring again through school.

Relationships and Sex Education at Pershore High School is taught as part of PSHE/Citizenship and PSD (Key Stage Three) and Society and Ethics (Key Stage Four) alongside other personal development subjects such as Citizenship and Careers. RSE is taught through a variety of resources, often from specialist external organisations such as CEOP. Time is set aside for discussion, and students are encouraged to explore theirs and others’ views through informed and monitored debate. The topics covered are led by government guidance and reflect the issues facing our young people today and the complex decision-making skills they need to develop. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. Before granting any such request we would discuss it at length with parents and, as appropriate, with the child to ensure that their wishes are understood and to clarify the nature and purpose of the curriculum.

There is one House **Assembly** each week and these are varied and aim to inspire and support our students. Topics for Assemblies might be about Mental Health Day; Anti-bullying; Kindness, visiting clergy, celebrating student achievement or school based information.

Afternoon **Tutor Times** are allocated to specific tasks e.g. an Assembly day, an admin day, a quiz, reading and the Tutor programme. The Tutor programme has a focus on aspects of the ‘5 Ways to Wellbeing’. Students are able to discuss topics during these times.

Safeguarding Team:

Designated Safeguarding Lead: Fiona Lovecy, Associate Assistant Head
Deputy DSLs: Mrs Z Budding, Mr A Nockton; Mr D Hilditch, Mrs R Kilmister

Further information can be accessed here: [Safeguarding | Pershore High School](#)

Pershore High School is fully committed to safeguarding the welfare of all students. Students develop the skills which they will need to be confident and stay safe in a range of situations, as well as to manage risk effectively, both in school and in the wider world. Vulnerable young people and their families are supported through a commitment to multi-agency, family-centred work, with staff at Pershore High School playing a lead role.