








## SAFEGUARDING STUDENTS FROM SEXISM, SEXUAL HARASSMENT AND SEXUAL VIOLENCE:



<p>Sexting</p>	<p>Information about sexting and advice for supporting children about the risks of sexting can be found at:</p> <p> <a href="https://www.childnet.com/parents-and-carers/hot-topics/sexting">https://www.childnet.com/parents-and-carers/hot-topics/sexting</a></p> <p> <a href="#">Sexting resources - UK Safer Internet Centre</a></p> <p> <a href="#">Sexting and nudes   Childline</a></p>	<p>The term sexting is the sending of sexually explicit images; it describes the use of technology to share intimate or sexual photos or videos.</p> <p>NB - IT IS ILLEGAL TO STORE, SEND, SHARE sexual images of anyone under 18 even if it is created by a child under 18.</p>
<p>Stalking</p>	<p>Advice and support helpline include:</p> <p> <a href="https://www.suzylamplugh.org/Pages/Category/national-stalking-helpline">https://www.suzylamplugh.org/Pages/Category/national-stalking-helpline</a> The helpline operates a triage service for local support. Tel: 0808 802 0300</p> <p> <a href="https://paladinservice.co.uk/">https://paladinservice.co.uk/</a> National Stalking Advocacy Service. Tel: 020 3866 4107</p> <p>National Stalking Advocacy Service</p>	<p>Definition – A pattern of unwanted, fixated and obsessive behaviour which is intrusive and causes fear of violence or serious alarm or distress.</p> <p>General Advice:</p> <ul style="list-style-type: none"> <li>▪ If it doesn't feel right it probably isn't!</li> <li>▪ Seek support from trusted family/friends</li> <li>▪ Report to the police and do this early</li> <li>▪ Keep a diary in a secure location</li> <li>▪ Screenshot emails etc and save them</li> <li>▪ Photograph/video your stalker if safely possible.</li> <li>▪ Get advice: Hollie Gazzard Trust, Paladin etc...</li> <li>▪ Tighten security; home, work and on-line</li> </ul>
<p>Hollie Guard - personal safety app</p>	<p><a href="https://hollieguard.com">https://hollieguard.com</a></p> <p></p>	<p>A personal safety app for your phone.</p> <p>By shaking your phone, it starts to make audio and visual recordings that are automatically sent to an identified contacted.</p> <p>Settings can be personalised to prevent accidental 'shakes'.</p>
<p>Stop It Now!</p>	<p> <a href="#">Sexual Abuse Learning Programme - Parents Protect</a></p> <p>This is to help parents understand potential risks; recognise the signs of possible abuse in children; be aware of inappropriate behaviour in adults; know where to go for help if you have concerns and would like to talk about them.</p>	<p>This is a FREE programme</p> <p><b>The programme is for parents, carers and professionals, and aims to:</b></p> <p>Provide the information you need about child sexual abuse and sexual exploitation</p> <p>Show you how to create a <a href="#">family safety plan</a></p> <p>Tell you who you can talk to if you are worried</p>



WMRASASC

**West Mercia  
Rape & Sexual Abuse  
Support Centre**



<https://www.wmrsasc.org.uk/>  
[Please visit the website for more details.](#)

[Young People - WMRSASC](#) or Tel: 0808 500 2222



**COUNSELLING SUPPORT**  
[Counselling Support - WMRSASC](#) email:  
[referrals@wmrsasc.org.uk](mailto:referrals@wmrsasc.org.uk) or call the Navigators on 01905 701196

**ADVOCACY SERVICES** [Advocacy Services - WMRSASC](#)  
Email and telephone as per Counselling Support



[The Branch Project - WMRSASC](#)  
For more information, please call the Navigators on 01905 611655 or e-mail: [referrals@wmrsasc.org.uk](mailto:referrals@wmrsasc.org.uk)



Telephone Helpline: Call 03456 461188

Outside of office hours, please leave a message on the answerphone. If you want a call back, please make sure you speak clearly and leave a number that is safe to call and speak to you on.

Free, confidential and non-judgemental support for survivors of any form of sexual harassment or abuse. WMRSASC has dedicated specialist services and support for children and young people that include Counselling support; Advocacy Services; The Branch Project; Telephone helpline or online support.

Specialist counsellors will create a safe space to help young people through their experiences and look at the effects they have had. Counselling is tailored to each individual's needs. People 14 and over can self-refer or if younger a parent/carer of the school can refer.

A Children & Young People's Independent Sexual Violence Advocate (ChISVA) will work with individuals to provide help and support if there has been any rape, sexual abuse or sexual exploitation at any time in the individual's life. The ChISVA will support through the criminal justice process but will never tell a person what to do – the choice is always the individual's. There is also support available for families through the Family Independent Sexual Violence Advocate (FISVA).

The Branch Project works with children who are worried about or have experienced Child Sexual Exploitation. This is 1-1 support and is tailored to the individual's needs. Branch Project Workers will listen without judgement and accept the child for who they are, whatever issues they might be facing. Children will never be under any pressure to talk about anything that makes them feel uncomfortable. Sometimes just talking to someone can help them take control and make informed decisions about the way forward.

The telephone helpline - All the helpline workers are specially trained to listen and talk to you about whatever you want to tell us. We might ask you some questions to try and help us understand how you are feeling or to help you talk about it. You do not have to answer them if you don't want to, whatever you want to tell us is completely up to you.

<p>Rape or sexual assault support.</p> <p>Historical &amp; recent incidents.</p>	 <p><a href="#">The Glade - Supporting the victims of Rape or Serious Sexual Assault</a></p> <p>For advice or to make an appointment telephone (24/7): 0330 223 0099 Or email at <a href="mailto:theglade.sarc@nhs.net">theglade.sarc@nhs.net</a> (monitored 9 am-5 pm, Monday-Friday)</p>  <p><a href="#">West Midlands Regional CYPAS</a></p> <p>The telephone helpline is: <b>0330 233 0099</b> is open 24 hours a day, 7 days a week, 365 days a year. Call for referrals, making appointments, advice and support.</p> <p><a href="#">West Midlands SARC Leaflet Template 2024</a></p>	<p>The Glade Sexual Assault Referral Centre (SARC) is a specialist centre which provides a service of care to women and men who have been raped or sexually assaulted. Self referrals can be made through the website or, if you prefer, the Safeguarding Team at Pershore High can make the referral for you.</p> <p>Information about their services is available on their website including the numbers for self-referral</p> <p>This service is confidential and will support historical as well as recent incidents.</p>  <p>The West Midlands Regional Children and Young People Sexual Assault Service is for children from birth to 17 years old and 18 to 25-year-olds who present with complex needs.</p>
<p>Child Sexual Exploitation</p>	<p>Information sources:</p>  <p><a href="https://paceuk.info/">https://paceuk.info/</a> Parents Against Sexual Exploitation – the leading national charity working with parents and carers.</p> <p><a href="https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/child-sexual-exploitation/">https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/child-sexual-exploitation/</a> NSPCC – definitions, statistics, facts and resources about CSE.</p>  <p><a href="#">Child Sexual Exploitation (CSE)   Child Sexual Exploitation (CSE)   Worcestershire County Council</a></p>	<p>CSE is a type of child abuse that happens when a young person is encouraged, or forced, to take part in sexual activity in exchange for something. The reward might be presents, money, alcohol, or simply just the promise of love and affection.</p> <p>CSE affects both boys and girls and can happen in all communities.</p> <p>Worcestershire Children First information about Child Sexual Exploitation, the page details what CSE is, how to spot the signs and hosts a range of links that support children and families in this situation.</p>