



RELATIONSHIPS

Controlling +Coercive Relationships
Readiness for Sex, Sexual Encounters + Emotions
Sex in the Media, Body Image
Prejudice, Ageism, Cultural Appropriation

HEALTH & WELLBEING

Drugs, Drinking, Festivals, Clubbing
Emotional Wellbeing Throughout Life
Sexual health
Healthy Eating, Exercise + Obesity
Being a Good Man-Positive + Toxic Masculinity

HEALTH & WELLBEING

Addiction and substance Misuse
Cosmetic and Plastic Surgery
Miscarriage, Unplanned Pregnancy + Adoption
Importance of Relaxation
Sex, Gender and Identity

RELATIONSHIPS

Critical Thinking + Social Justice Issues, Free Speech + Hate Speech)
Date Rape + Sexual Assault
Honour-based Violence
Feminism + Gender-based attitudes

HEALTHY CHOICES

YEAR 12 & 13

HEALTH & WELLBEING

- Drugs and alcohol
- Revisiting mental health – making changes
 - Independence
 - First Aid
 - Vaccinations

LIVING IN THE WIDER WORLD

- Preparation and readiness for work experience
- Evaluating strengths and interests
- Effective budgeting and saving
- Dangers of gambling
- Next steps after Year 11 and applications

RELATIONSHIPS

- Revisiting healthy relationships
- Revisiting consent
- Online relationships
- Pornography
- Prejudice against women
- Communication in relationships
- Families

YEAR 10

YEAR 11

LIVING IN THE WIDER WORLD

- British Values
- Setting goals
- Transferable skills and demonstrating strengths
- GCSEs and Post-16 options
- Managing online reputation.

RELATIONSHIPS

- Respectful relationships
- Families and parenting
- Conflict resolution
- Revisiting consent
- Contraception
- Sexual health and STIs

HEALTH & WELLBEING

- Healthy lifestyles
- Laws around, drugs, alcohol and vaping.
- Managing influence
- Lifestyle balance

CAREERS SKILLS SHOW

Meeting local employers, HE and FE providers within Worcestershire.

YEAR 9

YEAR 8

LIVING IN THE WIDER WORLD

- Equality of opportunity
- Challenging stereotypes
- Online safety and digital literacy
- Prevent

RELATIONSHIPS

- Respect and Resilience
- Discrimination in all its forms
- Developing self-worth and confidence
- Gender identity
- Body image
- Introduction to Consent

HEALTH & WELLBEING

- Illegal drugs and pressures relating to them.
- Caffeine, Smoking (incl. vaping), Alcohol
- Emotional wellbeing
- Attitudes towards mental health.

ASSEMBLY PROGRAMME

Addressing topical and whole-school issues in all years

TUTOR PROGRAMME

Addressing topical issues in all years. Embedding a culture of **helping each other to work hard and be kind.**

INFORMED

RELATIONSHIPS

- Rights and responsibilities
- Challenging prejudice and discrimination
- Embracing diversity
- Bullying
- Building relationships

HEALTH & WELLBEING

- Healthy routines (Diet, sleep and exercise)
- Puberty and adolescence
- Personal hygiene
- Mental health
- Unwanted contact

LIVING IN THE WIDER WORLD

- Transition to secondary school
- Developing skills and aspirations
- Online safety and digital literacy
- Making safe financial choices: saving, spending and budgeting

YEAR 7

COMMUNICATION

REFLECTIVE

EMPATHETIC

QUESTIONING