



Personal, Social and Health Education @Persnore High School

Intent:

The Personal, Social, Health and Economic (PSHE) curriculum at our secondary school aims to provide students with the knowledge, skills and understanding they need to lead healthy, safe and fulfilling lives. Our curriculum is designed to support the personal, social, emotional and academic development of our students, and to equip them with the knowledge and skills they need to navigate the challenges they may encounter in their lives.

Implementation:

Our PSHE curriculum is delivered through a range of topics, including mental health and well-being, relationships and sex education, drugs education, financial management, and employability skills. We use a range of teaching methods, including teacher-led instruction, group work, and student-led discussion.

We aim to provide students with accurate and up-to-date information about a range of issues related to their personal, social, health and economic well-being. We encourage students to develop their critical thinking skills, to challenge stereotypes, and to develop empathy and understanding for the experiences of others.

We also work closely with external agencies to provide additional support and guidance to students, including mental health services, drug and alcohol support services, and financial management experts.

Impact:

Our PSHE curriculum aims to have a positive impact on students in a range of different ways, including:

- Supporting students' mental and emotional well-being, promoting resilience and coping strategies.
- Providing accurate and up-to-date information about healthy lifestyles and substance abuse, enabling students to make informed decisions about their own health and well-being.
- Developing students' understanding of relationships and promoting positive attitudes towards others.
- Providing information about staying safe, both in real life and online.
- Developing students' understanding of financial management and employability skills.

Through our PSHE curriculum, we aim to support the personal, social, emotional and academic development of our students, and to equip them with the knowledge and skills they need to lead healthy, safe and fulfilling lives.